



Among the trees of Takatsuno yama in Iwami,  
I wonder if my wife noticed my waving of goodbye.  
(Kakinomoto no Hitomaro Vol. II 132)

## Mountains

There are many beautiful mountains in the West Chugoku Mountains of the Quasi-National Park.

The highest, Mt. Osorakan, soars to 1,346m, and Mt. Inugami-ga-dake used to be a training place for ascetic monks known as yamabushi.

